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Equatorial Guinea (Bradt Travel Guides)



Synopsis

Unexplored Equatorial Guinea finally gets a guidebook! This one-time Spanish colony is one of the smallest countries in continental Africa, both in terms of size and population, and is ranked by the United Nations among the ten least visited countries in the world. From the oil-rich capital of Malabo on the volcanic island of Bioko, set out to explore the jungle interior via the Spanish colonial outpost of Bata, where you'll find pristine national parks teeming with wildlife, incredible white-sand beaches and a wealth of small, traditional communities. Travel here may not always be straightforward, but the rewards are worth it for such a unique experience in the heart of tropical Africa's only Spanish-speaking nation. This is the only in-depth English language guide to Equatorial Guinea, one of the last truly unexplored corners of sub-Saharan Africa. With first-hand descriptions of all seven provinces (including the islands and the mainland), accommodation, maps and itineraries, plus practical details, guides to security and getting a visa, this is all the information you need whether visiting Bioko on business or trekking Río Muni in search of gorillas.

Book Information

File Size: 25593 KB

Print Length: 248 pages

Publisher: Bradt Travel Guides; 1 edition (November 20, 2015)

Publication Date: November 20, 2015

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01A7D3G50

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #981,386 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

in Kindle Store > Kindle eBooks > Nonfiction > Travel > Africa > Central #54 in Kindle Store > Kindle eBooks > Nonfiction > Travel > Africa > West #55 in Kindle Books > Travel > Africa > Coastal West Africa

Customer Reviews

This is an excellent, in-depth travel guide to Equatorial Guinea. I highly recommend it!

Small is beautiful? Think again. Equatorial Guinea is a black hole in the heart of Africa: Small, obscure, corrupt, nasty and evil. It is the 5th most censored country on earth. It uses most of its educational budget to send the children of the ruling elite to study abroad. A former US ambassador described its system of government as a "family criminal conspiracy". Previously, nobody cared about the suffering of its people because the country was too insignificant. Today nobody cares either because the country is swimming in oil. Equatorial Guinea also seems to have actively discouraged tourism for much of its history as an independent state. All that should not (and does not) discourage adventurous travellers, or (more realistically) expats who already live there and want to explore the country. While Lonely Planet has long gone mainstream and ditched seldom visited countries as not profitable enough (e.g. Comoros, Djibouti, Falkland Islands), Bradt has thankfully made the courageous yet commercially bonkers decision to publish its own words to produce guidebooks that will surely not sell millions of copies, bringing us titles on destinations such as North Korea, South Sudan, St. Helena and Sao Tome. The second-best guide to Equatorial Guinea is a 25-page chapter from Lonely Planet's 1994 (and long discontinued) Central Africa regional guidebook. Faced with such weak competition, a mediocre, shortish, but updated guidebook would have done the job. However, the author has been far more ambitious and diligent and has produced a superb book that literally puts Equatorial Guinea on the tourist map for the first time ever. The guidebook is sometimes refreshingly outspoken, with background info on politics and human rights, and two pages about infamous Teodorin Obiang. Some views and phrases reminded me of Lonely Planet's irreverent 1980s "Africa on a Shoestring". My personal favourite is the two-page feature "Avoiding the shakedown", which contains hilarious but very practical advice on how to deal with corrupt officials who hassle you. It's immensely useful almost everywhere in Central and West Africa. You almost think the author is hell-bent to get his guide on Equatorial Guinea on the country's banned book list. Sounds familiar? Lonely Planet was banned in Malawi in the 1980s and many self-respecting writers on African affairs used to regard it as a badge of honour if their writings were banned in a country or two. The guidebook is an impressive 240 pages long and although the history and context chapters are detailed you never get the feeling that the author's intention was to merely fill the book with bloatware: The majority of text consists of practical, detailed, first-hand researched travel information. Bradt's

maps were traditionally inferior to Lonely Planet's, but seem to be getting better (easily achieved because LP's have been getting worse). I still dislike Bradt's practice of indicating food and hotel prices with \$\$\$ symbols instead of giving precise amounts. Lastly, Bradt's information on in-country transport has often been weak, but this is not a huge problem in Equatorial Guinea, which is a tiny country where there is usually only a single road and a single form of transport between A and B. These are all minor issues that do not distract from the quality of this book.

This is an excellent and remarkably comprehensive travel guide to one of the world's least visited countries. Africa's only Spanish speaking nation has had a turbulent past and visa restrictions (US citizens are the only ones not requiring visas) have made access by most foreigners quite difficult. This is an intriguing country for the adventurous with spectacular rainforests, islands with beautiful beaches and wildlife found nowhere else, and (due to Equatorial Guinea's oil wealth) good roads and some good hotels. This guide book gives great coverage of travel basics (transport, lodging, restaurants, and what to see) for the whole country with a couple dozen maps plus fascinating background information on a variety of topics such as wildlife and history, and great advice on dealing with the challenges of visiting Equatorial Guinea.

I've lived in Central Africa for 22 years, and if I were writing a guide to a country, I would wish to write one as good as Oscar Scafidi's guide to Equatorial Guinea. I especially appreciate all of the historical background which he offers, information which is very difficult to find if one doesn't have access to Spanish sources. If you are going to E.G., or just interested in the region, this is a book I highly recommend.

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